What Color Says About Tomato Flavor



By Julie Martens Forney

Take some of the guesswork out of choosing tomato varieties by learning a few basics about how tomato color relates to tomato flavor. This simple guide will help you fine-tune your choices and find just the right tomatoes to please your palate.

Red Tomatoes

Acidity: Usually brings a higher acidity to the table.

Flavor: Varies, but typically delivers classic tomato taste with plenty of juiciness. With paste types, flavor often intensifies as you cook them down to sauce or paste.

Use: Slicing (especially beefsteak types), salsa, canning, sauce, paste, juice, salads. **Examples:** Atkinson, Better Boy, Bonnie Original, Celebrity, Heinz Classic, Juliet, Red

Beefsteak, Roma, Rutgers, San Marzano

Pink Tomatoes

Acidity: Offers a medium acid level—less than red, but more than striped (see below).

Flavor: Similar to that of red tomatoes, but tends to be sweeter and somewhat milder. Several consistent tastetest winners (including Pink Brandywine and German Johnson) belong to the pink group.

Use: Slicing, fresh eating, stewing, freezing. Most pink tomatoes work fine for canning as well, as long as you follow **USDA** guidelines for adding acidity.

Examples: Bradley, German Queen, Martha Washington, Pink Brandywine, Pink Girl



Tomato or work of art? The sweet, mild-flavored Mr. Stripey is both!

Yellow/Orange Tomatoes

Acidity: Delivers a low to sometimes medium acid level. **Flavor:** Varies from sweet (almost candy-like) to fruity.

Use: Slicing, fresh eating, salads, juicing, salsa. Older canning books may advise against canning yellow

tomatoes, but you can do it safely as long as you follow USDA guidelines (see link above)

Examples: Golden Jubilee, Lemon Boy, Sun Gold, Sun Sugar, Yellow Pear

Black/Purple Tomatoes

Acidity: Tends to have a higher acid level, along the lines of a red tomato.

Flavor: Complex flavor prized by chefs, who have described the taste using words like "smoky" and "rich."

Some gardeners who raise dark tomatoes have trouble sharing them because they're that good.

Use: Slicing, fresh eating, salads, cooking for sauce. Slices are eye-catching on a plate! In Russia, native land of

Black Prince, the dark fruits are pressed to make an extract sold as Black Prince Tomato Oil.

Examples: Black Cherry, Black Prince, Cherokee Purple, Chocolate Sprinkles

Striped Tomatoes

Acidity: Usually combines low acid with high sugar.

Flavor: These bring a sweet, almost fruity taste.

Use: Slicing, fresh eating, salsa. Most traditional canning recipes advise against using striped tomatoes, but USDA guidelines make no such distinction as long as you add a source of acid to jars. But really, this kind is just too delicious (and beautiful!) not to eat fresh. It's the variety you'll want to take to a summer picnic, but only if you have enough to spare.

Example: Mr. Stripey